



## DOWN SYNDROME

by Ben

### “German New Medicine speaks for itself”

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A girl with Down Syndrome overcomes a genetic disorder through a collective effort of resolving her conflict.

The knowledge gained from this case could change entirely our understanding of the function of genes.

### GENES DON'T HAVE THE LAST WORD, AFTER ALL

Anna is six years old today - a lively, charming and happy girl, who plays and talks well with other children her age. That has by no means always been the case, for Anna has "Down Syndrome" - or mongolism, as it used to be called.

This genetic condition leads to abnormal mental development, to more or less pronounced physical disabilities, and to the typical mongoloid facial features of a short neck, an open mouth, and crossed eyes.

The medical authorities had diagnosed the mentally-retarded Anna as greatly incapacitated (more than 60 percent of physical defects, including a partial paralysis of the legs).

The parents had left nothing untried. Anna's father and mother, a physician, had embraced all officially recognized treatments for special-needs children, but these had failed to produce results.

The mother finally became resigned to the inevitable, as she believed she knew all there was to know about the irreparable damage present in the cases of Down Syndrome - namely, that particles of a *third* chromosome have attached themselves to the 21st gene-pair, which determines the sex of a human being.

The very term "syndrome" clearly shows us, however, that the medical profession has not yet completely found the right answer to the disease.

As a last-ditch effort, Anna's parents contacted Dr. med. Ryke Geerd Hamer, the originator of German New Medicine. It was the fall of 1998. At the time, Anna was four and a half years old. Her *mental* development, on the other hand, was stuck at the one-year-old level.

It should be noted here that during his 40-year medical career Dr. Hamer had often worked in Children's Neurology and Children's Psychiatry, and had been presented with the challenges of Down Syndrome there.

He told the desperate parents that, having seen many such children become more or less normal again, it was just a matter of "finding the right key to their child's problem". When they did find it, he said, the results would be remarkable. It was *essential*, however, that they first find out exactly what *kind* of stress on the psyche could have triggered the condition in the first place.

For instance, the handicapped little Anna was showing some peculiar behavior. Whenever she heard any loud noises, she would clap her hands to her ears, as though in great pain. Alone the cry of a cat could cause such a defensive reaction in her. However, she reacted even more intensely to the noises of circular saws.

These saws, it turned out, had been screeching incessantly right next to Anna's home throughout her first few months of life, when over a hundred trees had been cut all around the house. In addition, her father was a builder of church-organs, and he very often used a circular saw in the workshop attached to the house.

When Dr. Hamer looked at Anna's brain CT-scan, he was indeed able to see a **hearing-conflict** ("I don't want to hear this!") in it. However, he felt that this particular one had been caused by a weak, though still-active, *older* hearing-conflict. It was only at this point that Anna's mother remembered, after discreet questioning by Dr. Hamer, that she had been working *throughout her pregnancy* in a building that was being renovated; ear-shattering noises were to be heard there from morning till night from the use of jack hammers. The noise was so constant and so extreme, she said, that it shook one's bones and made one want to run away.

The fetus had been exposed to this horrible din as well, of course, and much pointed to that being the cause of Anna's handicap. With this new information, Dr. Hamer again encouraged the parents to be hopeful, although he never claimed to be able to heal Down Syndrome. Anna's mother said about him afterwards, "some people have both lice and fleas; even if he was not able to take away Anna's lice, he was at least able to take away the fleas".

## **SILENCE AS MEDICINE**

Dr. Hamer said that it was entirely possible to weaken the effect of Down Syndrome, if Anna were helped to heal her own hearing-conflict. For that purpose, the parents needed to *completely* remove from her immediate environment the screeching of circular saws, and indeed all other noises. This was not going to be easy for Anna's father, whose very job necessitated the use of the saws.

Yet, the parents made every effort, and for that they were richly rewarded. For the first half year, Anna's development managed to increase by such tremendous leaps and bounds that it was hard to believe. During that time-period, she grew a full 10 cm -- which had until

then been considered impossible for a Down Syndrome child! Her face lost more and more of the characteristic mongoloid features, and nowadays only a very slight cross-eyed look is perceptible when Anna is tired.

She can run and skip just as well as any healthy six-year-old girl now. There is not a trace of paralysis left. Even her fine motor-skills - such as threading a needle - are equal to that of her contemporaries. Although she doesn't speak quite as well yet as they do, Anna can be understood by everyone. "Every day she is learning new words and can put them into sentences in a way that makes eminent sense", her mother says happily.

Anna's nightly restlessness and elementary fear of loud noises was gone very quickly. After six months of total restful silence, the parents began consciously to expose her little by little to the normal noises of life. They would explain to Anna the workings of the coffee-machine while it was running, for example; or, they would take her from time to time to the father's workshop, where he would show her the circular saw and what he was doing with it. In this way, as her intellectual skills grew, Anna learned to tolerate and live around noise.

From another brain CT Dr. Hamer could, however, tell that there was still a second problem, which seemed to have something to do with issues around Anna's father. And, indeed, the little girl was asking a hundred times a day, "Daddy, when coming?"

As an organ-builder, the father was often gone for days or weeks when installing his organs in churches around the country. For that reason, Dr. Hamer advised the parents to get the family together every weekend, whether it was the father making an effort to come home, or the mother and daughter traveling to wherever he was. This parental effort, too, bore rich fruit, because nowadays Anna is able to cope very well with her father's absences.

Anna's development is occurring at the same rate that the Hamer Focuses (HH) are healing. The biggest leaps were made in the first six months. Since then, Anna's mother says, "every day is a little bit better".

## **FEAR OF REPRESSSION**

Neighbors who knew Anna well, and therapists who had worked with her and other Down's children, could not believe how wonderfully Anna had progressed in such a short time. Many similarly affected parents have already been referred to Anna's mother in her function as a doctor - albeit only by therapists and care-givers. The mother has, until now, avoided contact with the medical establishment.

"Should doctors be alerted to our success, we fear that there will be some form of repression. We are afraid that they could take Anna away from us. We have not forgotten what happened in the Olivia Pilhar case" [in 1995, 6-year old Olivia Pilhar, who had kidney cancer, was legally forced to undergo Chemo treatment and surgery against the will of her parents, who wished to follow Dr. Hamer's GNM therapy.

It is for this reason that we, at the magazine, are not naming the parents and are leaving open the question of whether they live in Germany, Austria, or Switzerland.

Soon, Anna will be going to school in a class like any other child her age. For that alone the parents are extraordinarily grateful. However, it also goes without saying that Anna will not have the same demands made upon her in class as are made on the other children, but rather that she will have her own teacher's assistant sitting next to her.

Whether or not Anna's genetic defect has come back in the meantime is of supreme unimportance to the parents. In deference to the mental health of the girl, they have avoided any further genetic testing. "For us, the only matter of interest is that our child is so obviously better, and that she has made developmental progress that no one could have believed possible."

**As a physician, Anna's mother has been completely won over by German New Medicine, and says, "Dr. Hamer's discoveries have been validated one-hundred percent by Anna's progress".**

## **DO GENES HEAL THEMSELVES?**

In principle, every cancer-cell exhibits a chromosomes' change. Dr. Hamer's German New Medicine shows that cancers are controlled from specific identifiable HHs in the brain which, in turn, can be traced back to specific psychological conflicts.

Moreover, orthodox medicine nowadays has entirely accepted that genes are not just rigid bundles of inherited traits, but rather that they actually take a part in the metabolism of the body, changing - within limitations - constantly.

Dr. Hamer therefore posits the question of whether a change in the old brain and cerebrum could possibly be causing temporary changes in the chromosomes - for example, in the Trisomy 21 that is responsible for Down Syndrome. The experience with Anna and other Down's children seems to clearly indicate that such is the case.

Dr. Hamer adds, "What would best put our case to the test is to see if the Trisomy 21 would disappear right along with the resolution of the conflict. I am in great hopes of that being the case. It would mean that the children could become completely healthy again -- plain and simple - possibly even chromosomally!" He also believes, for instance, that such a re-normalized child would in time be capable of producing offspring without genetic defects.

Should Dr. Hamer prove to be right, then the house-of-cards, upon which the type of gene-medicine presently being practiced is built, would collapse upon itself. Every year, millions are spent on the decoding of what we humans have inherited from our forebearers via our genes -- presumably in order to be able to treat inherited diseases.

But, what if it could be proven that genetic changes are not the *cause* of disease, but rather that they occur *as a result of conflicts* in the psyche of the human being -- *observable* in the brain?

It would mean that today's highly-praised gene-therapy will never be able to heal the *cause* of an illness, because the genes would already be a manifestation of a much deeper cause.

Healing is only possible, if the *root-cause* of the problem is found. The treatment of symptoms alone is fruitless. We modern human beings should at least have come to realize that much by now.

## **THE STUDY OF HUMAN GENES IS ON THE WRONG TRACK**

Geneticists consider 97% of the human genotype (what we have inherited) as garbage - as so-called "Junk-DNA", said to be of no value whatsoever. Genetic engineers believe in the unrestricted 'power of the gene', and some of them even divide the life of the genes' quality into either 'worthy' or 'worthless'.

As a result, they now want to deal with inherited illnesses through forced manipulation from the outside, or through not allowing the fetus to come into being in the first place. They want to analyze unborn life genetically, so that the future mother (and later perhaps even the State) can decide whether this child is "worthy" of being allowed to come to complete fruition.

This way of thinking allows eugenics to once again raise its heinous head.

How would *you* react, if you were told that there is a great probability that you are dying of diabetes because of your genes? Would you believe it? If yes, then it is the very *certainty in that* belief that would kill you, because people attract that which they fear most - because the mind dominates the body and not the other way around, as geneticists would have us believe.

The wondrous changes in Anna have clearly shown us that the power of the mind is stronger than the power of the genes. Although the Trisomy 21 genetic defect has presumably caused the disability, Down Syndrome can obviously be cured when the related conflicts are resolved. Perhaps the genes themselves have the ability to heal.

May this realization give the parents of genetically-ill children the courage to believe in the seemingly impossible.

Because, as Anna has so impressively proved, there is always hope!

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